



Cleary Lake Veterinary Hospital
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How to Apply Styrofoam Hoof Pads

Supplies:



Styrofoam



Cutting Device



Duct Tape

To bandage:

1. Get a square of Styrofoam. The thicker the better (up to 2") for comfort and support.
2. Have the horse step on the Styrofoam so you can get the imprint to cut.
3. Cut the Styrofoam to the shape of the hoof – cut just outside of the indent.
4. Cut 8 duct tape strips in approx 12-14 inches in length (should be long enough to completely cover the horses hoof). Form them into a cross shape with 4 strips going vertically and 4 strips going horizontally.
5. Apply the cut out portion of Styrofoam to the center of the duct tape “cross”.
6. Lift the hoof and put the Styrofoam on the bottom and press the duct tape up all around the sides of the hoof and hair. Apply extra duct tape around the foot to help hold the bandage on. Roll down or cut off any duct tape touching the hair. Cut off excess duct tape if necessary.
7. Elastikon may need to be applied at the top of the bandage to keep in place.
8. The bandage is usually changed daily, but ask your veterinarian for their recommendation.

